

Application B.E.A.T. Light Rent

by Hans Stormer

B.E.A.T. LIGHT RENT



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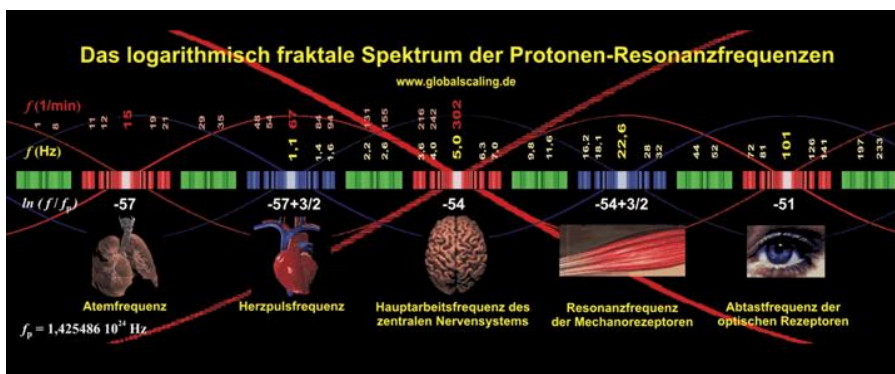
Sunlight is essential to all life on earth. Sunlight is the only light that can penetrate the cell. This light contains the proper spectral frequencies that are absent in other kinds of light. The key is the right mix of red and infrared light. Therefore sunlight can give our cells an enormous boost within one hour. One hour of sunlight enables the mitochondria in the cells to deliver lots of energy. Mitochondria are contained inside the cells and they produce the energy (AdenoTriPhospate – ATP) that we need. The energy is generated by complex biochemical reactions that take place within the cycle of the citric acid. What actually happens? The sunlight spectrum consists of many colors, of which the most important components to our cells are red and infrared. Red light (645 nm) has the ability to open up the cell structure and infrared light (840 nm) is the light that can enter the cell, through which it can operate inside the mitochondria.

Russian scientists, under the direction of Doctor Maria Kodrashova (Russian Academy of Science Pushino) investigated the influences of these two forms of light spectrum. With the mathematical calculation according to the Global Scaling theory, they managed to develop an optimal proton-resonance, that can cause an enormous increase of energy (ATP). Through this technology the B.E.A.T. Light Rent has been developed. Even another dimension has been added. This dimension is that a proton resonance is linked to a bio-resonance frequency, which even enhances treatment.

The light beams of the BEAT Light Rent make it possible to work inside the cells, which will make the user aware of the significance of the light to our health. We do not realize that we need sunlight daily to be able to function. The system contains 53 programs. For the user to work with the system a certain amount of discipline is required.

To work with light requires a totally different approach than other forms of therapy. It requires exposure to the light every day. Just like sunlight it is present each day.

Optimally, one should use the BEAT Light Rent twice daily for 20 minutes, for four days in a row. Then one day pause. After that, again four days, etc. In my practice I can show you through the Bio-monitor what effect it has in the body.



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Do not use several programs at the same time, because that will result in chaos in the body. First evaluate carefully which complaint you want to treat.

Always use the BEAT Light Rent directly on the bare skin, and on the spot that needs it.

Do not be impatient when you think nothing happens. We are inclined to want to feel the effect immediately, but the one person feels the effect straight away, whereas another person experiences it differently. Each user of this system experiences the effect in his or her own way.

Beware that, when having a complaint, that this is a signal of the body. This signal indicates that there is no harmony between body and mind. So it is of great importance to establish the cause of the signal. A lot of people do not listen carefully to these signals, and just lead their lives with their complaints. Despite the fact that the BEAT Light Rent can solve a lot of problems, it is very important to look at yourself and establish both your physical and mental state. When you allow yourself to understand your complaint, it is "seen". Then the BEAT Light Rent can bring this extra dimension to the self-healing system of the body.

To better understand how to use it, I will explain how to combine several programs. We call this: causal work, or causal application.

The program menu has 3 programs for organs



Spleen and Pancreas (nr. 30)



Gall Bladder (nr. 31)



Kidneys and Adrenals (nr. 32)

Spleen Nr. 30 and the pancreas together play an important role in all biochemical processes and the immune system. The spleen is part of the immune system and is known as the blood controller. In acupuncture IT is linked with the organs pancreas and stomach. The development of our energy household actually starts here. 1. Firstly, our **stomach** receives what we eat and drink. 2. Second, the **pancreas** does its work in the biochemical processes, because it produces enzymes that are important for. The digestion of our food and drinks. These enzymatic processes are of great importance to provide the body with the necessary nutrients and to help manage the fermentation processes inside the bowels. The pancreas also produces another two very important hormones, which are insulin and glucagon (sugar metabolism).

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It also produces sodium carbonate. This regulates the PH (acidity) inside the bowels. 3. Third, we find the **Spleen**, that has the task of making these processes work optimally for the immune system. It further controls the red blood cells and builds the white blood cells.

People who think a lot or that work mainly with their head, often show a weakness of the spleen. Negative influence in these organs is caused by worrying, low self esteem, no self-love, sacrificing themselves and unable to set boundaries. High amounts of fast sugars give these organs a disharmony, causing a lot of physical complaints. Energetically, these organs belong to **the third chakra – Plexus Solaris**. In the five-element theory of Traditional Chinese Medicine, these three organs belong to the element **earth**.

The gall bladder Nr. 31 is linked to the **liver** in acupuncture theory. The liver is our great biochemical factory, where many processes are being organized. All waste that comes free with the biochemical processes is transported to the gall bladder. There, the waste is given the right viscosity to change it into gall. To trigger the gall to enter the bowels is to eat fat. Therefore, it is important to eat some fat in the morning. This enables the gall bladder to empty itself. Gall looks after the peristalsis of the bowels, and breaks up fat (emulsification). Fat is transformed into cholesterol and this is essential for the production of all hormones. When the gall bladder is not working properly, this will have effects on all processes in the body. Negative forces in these organs are emotions like suppression of **aggression and anger**.

By treating the **gall bladder** (right side under the rib cage), you indirectly treat the liver.

The kidneys Nr.32 are linked to the bladder. These organs regulate our water management/balance and filter the blood. They also play an important role in the structure of the blood, the calcium management and blood pressure. On top of the kidneys the adrenals are situated. In Traditional Chinese Medicine the adrenals are linked directly to the kidneys. They contain the primal energy of our ancestors.

Negative emotions, like fear and low will power, undermine the energy of these organs.

Adrenals play an important role in the immune system, because they produce corticomineral and corticosteroids inside the adrenal cortex, and they produce the hormones adrenalin and noradrenalin (fight-flight response).

In the Traditional Chinese Medicine, kidneys, adrenals and bladder belong to the element water and influence these organs in **Chakra 1 (basis)**. **The element water governs the bones, the skeleton and part of the blood**. Involving one of the three organs will accelerate your treatment..

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Combination of programs



Muscle Programs 1 - 2 - 3 - 4



Gall Bladder

Treating, for example, the muscles in the morning and the gall bladder in the evening can use these programs. The gall bladder is located at the right side underneath the rib cage (see image).



Program 5 Tension head ache

Program 22 Head aches

Tension headaches may have many causes. One of the main causes is a high level of stress. This causes an increased alarm situation in the active nerves (sympathic), resulting in a constant tension of the muscles. The stress increases the adrenalin and causes the muscles to use up a lot of energy. This deregulates the blood circulation in the muscles. The supply of nutrients and oxygen, and the removal of waste products will be slowed down (acidification). This will cause the muscles to cramp and therefore cause tension head aches. Considering the vast amount of muscles in and around our head, we understand the cause of these complaints.

Other causes of headaches may also be: problems in the area of the neck, bowels, liver, kidneys and an improper diet. All these problems produce a high level of stress to the body.

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With tension headache, it is wise to first use **program 14 – psychological stress** – at the breastbone, continuing with **program 5 (tension head ache) or 22 (head aches)** at the affected area.



Program 6 and 7 Eye program

Through our eyes we are able to visually observe everything. Consciously and unconsciously, we daily internalize a great deal of visual information. The eye is moving constantly and gives us a proper and clear image. The muscles of the eye manage the focus and depth of the image. Therefore, the muscles may get tired, resulting in disturbance of the visual image. Our eye muscles control the focusing of our eyes. These regulate the lens of the eye. The eyeball is convex, and the eye muscles can adjust the lens of the eye.

In causal thinking, the eyes are related to the organs liver, kidneys and pancreas.

By combining an eye program with one of these organs, treatment will be enhanced. **Example: Combine program 6 or 7 with programs 30, 31 or 32.**



Program 8 Falling asleep

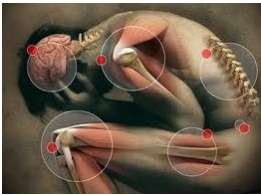
Program 13 Sleeping disorders

Many people experience sleeping problems, with falling asleep or sleeping through the night. Our sleep is regulated by light and darkness. These two components regulate the production of cortisol and melatonin. The rise of daylight causes our body to produce cortisol. The level of cortisol influences our level of clarity and we do not need more sleep. When night approaches, our level of cortisol drops and we get sleepy. The body then produces melatonin, which enables us to fall asleep and sleep through the night. Imbalance in this system may have a several causes, for instance constant stress, hormonal imbalance by, for instance, menopause, bowel problems, congested liver, and etcetera.

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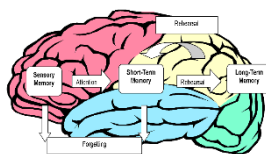
Using programs 8 and 13 can treat sleeping problems. It will work even better when combining them with **program 14 – psychological stress – at the breastbone**. This lowers the stress, so that the cortisol level can drop. **The sleep center can be influenced by treating the sides of the head (see image).**



Program 9 Chronic pain

Chronic means continually present. Chronic pain always has underlying causes. Pain always is an accumulation of energy. This energy cannot flow and will express itself through pain signals. Mainly by nagging pain or constant pain. These pains influence body and mind in a very negative way. It is a constant stress situation for the body and for the mind. Doctors give painkillers or prednisone to try and remedy the pain. These medications cause even more discomfort to the patient.

In these cases, we see that most patients suffer from a low PH value (acidity). And often, we find that their food intake is in greatly opposing their complaints. To get the optimum result from treatment with the BEAT Light Rent, one should combine this with adjusting food intake (avoid all dairy products, cheese, pork meat and products containing high histamine levels). Also avoid E620 to E625 and aspartame. **This program works well with program 18. Endorphin, and program 32. Kidneys.**



Program 10 Long-term memory

Program 11 Short-term memory

Long-term memory and short-term memory work together. In the brain we find constant switching. Long-term memory stands for the memory of information that is stored permanently inside the brain, but this

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is not always a conscious experience. Atomized actions, like walking, cycling, etc., are data that are retained for a long time. Also knowledge and skills are part of this memory.

From birth, the long-term memory is very active. It is therefore not amazing that we recollect childhood memories easily.

Short-term memory is a memory for information that is remembered from this moment and from recent experiences. This memory has a small capacity. It is also called our working memory. It is dynamic and therefore adjusts quickly in combination with our long-term memory. It is easy to remember 7 items, but while using mnemonic tricks one can expand this memory to 12 or 13 items.

To lead this process well, our hormones play an important role through the neurotransmitters. Meaning that if the hormones do not work well, it will influence especially the short-term memory. Disturbances in this area are often seen in menopausal women. Also children with hormonal disorders (especially in pre-puberty) may have learning and concentration disorders. Here we often find the diagnosis of ADD and ADHD, not realizing what emotional effect this diagnosis has on the child.

Using the programs 10 and 11 together will have a positive effect on the memory. Including **program 12 Cognitive Memory**, the whole area of the brain will be treated.



Program 12 *Stimulate cognitive skills*

Cognition means the ability to learn or understand something. It is derived from the Latin word 'cognoscere', meaning to know or to (learn to) recognize. A symbol or concept, or the concept of 'rolling', or a mental presentation of a landscape represents this. These representations are stored inside the memory, and can undergo certain transformations, like when we want to recall something from the memory, or when we want to undertake a certain action. Language and thinking are other examples of cognitive processes where we use mental representations.

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Program 12, in combination with program 10 and 11, works well with Alzheimer's disease, dyslexia, ADD, ADHD, cerebral hemorrhage (aphasia).

Program 23. Speech center can also be included in the treatment. The speech center should be treated with the BEAT Light Rent placed at the side/temples of the head.



Program 14 *Reduce psychological stress*

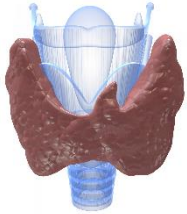
A healthy portion of stress is good, but a constant high level of stress has a destructive effect on body and mind. Stress raises the level of adrenaline, causing all functions in the body to rise. It causes constant alertness and makes the immune system fully active. It literally and figuratively gives energy to the body. This is fine for a short period of time. But when the stress is prolonged, it exhausts the body, accelerates ageing and damages organs, like for instance the adrenals. The adrenal cortex makes adrenalin, but when it has to produce constantly, the cells will get exhausted. The adrenalin also speeds up other organs, like the pancreas and the thyroid, so these organs will also suffer. The word 'burnout' says enough, meaning burned out. When someone has a 'burnout', he/she has been going on exhausting him/herself and he/she did not listen to the signals the body tried to give. One does not get sick while being stressed, but when the stress has stopped!

Program 14 proves itself every day in my practice. Radiate the breastbone the full 20 minutes and experience the quick diminishing of the level of stress. The Bio monitor visualizes how the high stress level regulates itself.

Program 14 makes a good combination with other programs like the pain programs, addiction programs, and headache programs.

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Program 15 en 33 **Stimular cellular metabolism**

Program 34 **Stabilize cellular metabolism**

Many people suffer from thyroid conditions before a normal blood test can show this. The thyroid can be too active or too slow. When it is working too slowly, we call this hyperthyroid, and when working too fast it is called hypothyroid. These two forms are only shown late in a normal blood test. The organ may have been unstable for years, causing symptoms that could not be explained.

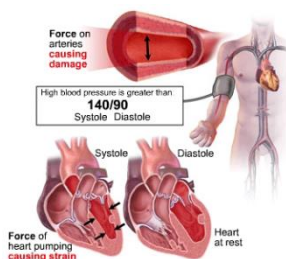
Another group of people have a fluctuating thyroid. The thyroid works too slow at one moment, but too fast at another moment. This is called dysthyrosis. This is often found in menopausal women with complaints like disturbed sleep patterns, arthritis, fatigue, mood swings, weight gain, etc.

The thyroid regulates the entire metabolism, meaning that it can stimulate, stabilize or inhibit all biochemical processes. The thyroid influences all hormones directly or indirectly.

When the thyroid works too slow (hypothyroid), use **programs 15 and 33** alternately. Then the thyroid works too fast (hyperthyroid) or is unstable (dysthyrosis), use **program 34**.

Many problems with the thyroid are caused by prolonged stress. The thyroid has a direct function in the adrenals and pancreas. Therefore, it is advised to involve these organs in the treatment, so kidneys (which also treats the adrenals) and the spleen (which treats the pancreas as well). Use for instance **program 34 with program 32**.

The mental aspect of the thyroid is 'communication' and belongs to **the fifth Chakra**. Place the **BEAT Light Rent** directly on the thyroid (located in the neckline).



Program 16 **Stabilize blood pressure**

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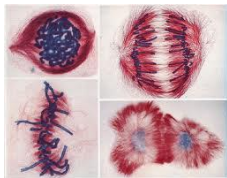
Blood pressure is essential to the body. The pressure transports the blood into all parts of the body, and it transports oxygen and removes CO₂. Therefore high or low blood pressure is harmful. Mainly the hypothalamus and the kidneys regulate the blood pressure. With good blood pressure, the kidneys are able to filter the blood well. Waste is removed properly and useful minerals are well absorbed.

The mental aspect of blood pressure is "to put yourself under pressure".

Program 16 is well combined with program 32 and program 29. Program 29, pulse frequency, has a direct and indirect relation with blood pressure, and is therefore a good combination.

Program 32. Kidneys (and adrenals) also are a logical choice, because these organs regulate blood pressure together with the hypothalamus.

With both **programs 16 and 29**, the BEAT Light Rent should be placed at the inner side of the lower arm, just after the wrist towards the elbow.



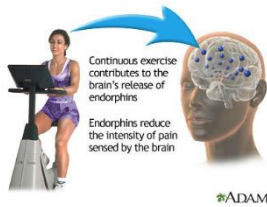
Program 17 *Stimulate regeneration ability*

The body has the ability to restore cells and tissue itself, when in good condition. This self-healing ability may have been affected by many different causes. We see this, for instance, when a wound heals too slowly. This program has the ability to stimulate the healing of cells and tissue by boosting the self-healing ability of the body.

By providing the body with good nutrients, like vitamins, minerals and healthy food, it will recover more quickly in combination with this program 17. With wounds, bruises, contusions, luxation's, strained muscles and abrasions, a combination with program **38. Wound healing** will give amazing results.

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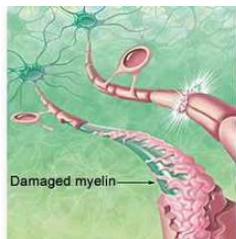
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Program 18 *Stimulate endorphine release*

End The main function of endorphin is to suppress pain, but it also gives a feeling of happiness or euphoria, like the 'runner's high' in endurance athletes. This intoxicated state after physical endeavors it partially caused by the release of endorphin. Opium and heroin affect the same receptors as endorphin. The experience of taste when eating sugars, fats, chili peppers and also chocolate is caused by the production of endorphin in the body. Endorphin is a neurotransmitter that is released by a great deal of exercise.

Program 18 makes a good combination with pain programs 24, 26 and program 53.



Program 19 *Diminish Polyneuropathy*

Polyneuropathy causes complaints of the nerve ends in arms and legs. The patient has feeling disorders or lack of strength. The complaints are a tickling, titillating feeling, you feel kind of dumb or sleepy. People with polyneuropathy often tell me that they have a feeling like walking on cotton-wool. It makes them uncertain when walking or standing, especially on an uneven surface. There are many causes that can result in polyneuropathy, among others diabetes, excessive drinking and certain medications (chemo's) against cancer.

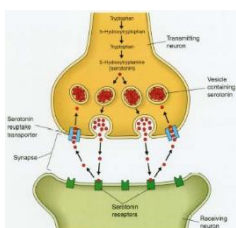
Tests in my practice show again and again that the mucous membrane of the intestines is damaged by medication or radiation. And also the pancreas is not functioning properly. This means that they will eventually have a shortage of vitamins (B12 and B6) and minerals. The nerves just need much vitamin B12 and vitamin B6.

Program 19 combined with programs 17, 31 and 32 can renovate the nerves, but do not forget to take the necessary vitamins and minerals. As the mucous membrane of the stomach and the intestines is not

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in good shape, the use of vitamin sprays is strongly recommended. The vitamins will readily be absorbed by the mucous membrane of the mouth.



Program 20 **Stimulate Serotonin production**

Tryptophan is converted to serotonin by enzymatic processes. Tryptophan is present in our food: chickpeas, milk, bananas, and chocolate (if more than 72% cocoa). By heating milk tryptophan is liberated which makes you sleepy. However, many people have intolerance for milk and milk products. Serotonin influences sleep, emotions, sexual activity, self-confidence and appetite. It is a “feel-good hormone” like endorphin. Many textbooks state that serotonin can be produced only by the brain. Recent investigations in Germany, America and many other countries indicate there is a connection between the brain and the intestines. Apparently the precursor of serotonin is produced in the intestines and the liver. You can apply the Beat Light on the breastbone, the navel and the head when working with the serotonin program. (See the images of the head, page 16.)

Program 20 can be combined with program 8 - 13 – 36 – 27 and 28. (Program 20 should be used 1 hour before sleep program 8 or 13.)



Program 21 **Diminishing acute pain**

Program 24 **Diminishing severe pain**

Acute pain can have many causes. For example you knock your knee or a nerve gets pinched (lumbago). The pain is often concentrated on the affected spot.

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With program 21 the pain is more tolerable, but the problem remains. If for example a nerve gets pinched, it may be very painful. In addition to the treatment with the Beat Light you have to seek another solution, for instance manual therapy.

Severe pain may be caused by an internal problem, for instance appendicitis inflammation. ***If the pain remains, you have to go to the family doctor.***

Program 21 and program 24 can be combined with program 18 (against pain).



Program 25 Reduce using pain relievers

We live in a hectic world and if the body sends a signal, it is difficult for anyone to come to a halt and to wonder what the signal means. Most people do not listen to the signals of the body, but look for a quick solution, for instance by taking pain relievers. Usually the doctor allows the patient little time to discuss the complaint and he

will finish the problem by prescribing a medicine. Many people prefer a rapid solution instead of giving some thought to the problem. It is not surprising that if one medicine is not strong enough, a stronger medicine is prescribed. This is often observed with people having chronic pain. Then the body gets accustomed to the medicines. Instead of reducing, they use more and more with damaging results.

Program 25 is helpful if you want to reduce the amount of painkillers and detoxify the body. Medication always has a negative action on the kidneys and the liver. **By applying program 31 and 32 alternately** you take care that these two organs are protected against the negative side-effects of pain releasers and other medicines.

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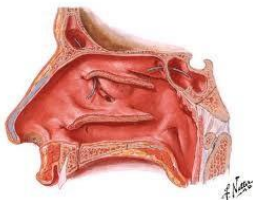


Program 27 *Reduce acute addiction*

Program 28 *Reduce chronic addiction*

What you crave for most is what you are addicted to. The majority of mankind is addicted, some to cigarettes, others to coffee or wine. An addiction arises when you lose your willpower and you are no longer in control of your own self. Addiction is complicated since aspects of body and mind are intimately linked so that the structure is gone. The denial of the addiction is very persistent. Addiction always *** arises from an acute phase followed by a chronic phase. Although the two programs cannot put an end to the addiction, they do help to strengthen body and soul so one can make the choice to end the addiction. It requires much patience, but as a matter of fact kicking off the addiction is made much easier.

If the addiction is in its early phase, you can start with program 27 in combination with program 20 (serotonin) and program 32 (kidneys).



Program 35 *Chronic ENT (Ear-Nose-Throat)*

Program 37 *Easing acute ENT*

Program 41 *Decreasing ENT infections*

ENT infections develop in phases. In the beginning it starts with a sore throat and then moves to sinuses and ears. In this phase you can decrease the infection with program 41. This may contribute to stop the progress of the infection. If you do not pay attention to the beginning of the trouble and you start too late then it will proceed to the acute phase. Then program 37 should be applied. With these two programs you can avoid a treatment with antibiotics. Steaming with red thyme is even better.

In the inflammation phase you may be in need of some sweet, but it is strongly recommended to use little or no sugar and also no animal products. The bacteria evoking the inflammation will grow rapidly as they require much sugar and protein to multiply.

The acute phase can proceed to a chronic phase. Then apply **program 35**.

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It often occurs that TNE complaints come back periodically and are combated with antibiotics. In this way you get in a vicious circle.

ENT complaints are causally linked to intestines, prostate and ovaries. ENT are covered with mucous membranes. The membrane covers the area from the point of your nose to the anus. Hence it is not surprising that if the intestines do not work properly, it is noticeable in the ENT area. People suffering from ENT trouble are energetically very busy in their head (work, constant flow of thoughts, worrying etc.). There is not a moment of rest in their head.

When these people with ENT complaints visit my practice, I see that the majority of them have a cows' milk intolerance or a cows' milk allergy. As dairy products make slime, they are a perfect medium for bacteria and viruses so they may provoke ENT complaints. If you want to get rid of ENT complaints you have to clean your intestines with a healthy diet free of sugar and dairy products.

Thus you can profit both ways. The Beat Light contributes to get rid of TNE complaints and also to get clean intestines.



Program 36 *Stimulate learning*

If you want to acquire knowledge this program is helpful. Knowledge and concentration are optimized by irradiating the head with the Beat Light.

Combination with the memory **programs 10 - 11 – 12** gives a progressive improvement. These programs can also be used for several infirmities such as Alzheimer, aphasia etc.

Place the apparatus on the temples and the forehead and one hour before program 20.

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Program 39 *Stimulate oxygen uptake*

“No oxygen, no life”. These words explain all. Every cell in our body needs oxygen. It may be wondered how radiation with the Beat Light can affect the oxygen uptake. The program makes that the cells of the lung tissue get an optimum boost. The result is that so much energy is released in the cells that the lungs work harder and will take up more oxygen. The body needs oxygen for the adequate digestion of food. Just as for the combustion process in a stove ample oxygen is required lest partly burned harmful waste is formed. Adequate supply of oxygen to the body results in healthy digestion and less waste.

Many people do not breathe well resulting in insufficient digestion and accumulation of waste (cinders) in the body. This is observed with many chronic complaints. This program is helpful for asthma, bronchitis and tightness of the chest. It can be combined with many other programs.

It is good to irradiate the lungs with this program, 10 min. left and 10 min. right.



Program 38 *Wound healing*

In recent years the program stimulating wound healing has proven its worth many times. We have taken pictures of pressure ulcers that could hardly be healed or not at all. After 14 days of irradiating a pressure ulcer of 15 cm its size was reduced to 5 cm. Within a few days the inflammation was under control. The healing of a large graze took only 1/3 of the time usually required.

Also bruises and sprains heal up very soon.

Program 38 can be combined. If the wound hurts severely then use **program 18** endorphin. The combination **18 and 17** will speed up the healing considerably. With open wounds you have to apply thin gauze under the Beat Light and then irradiate.

Application B.E.A.T. Light Rent

by Hans Stormer



Program 40 *Stimulating immun system*

Program 51 *Prolonged stimulation of the immune system*

The immune system is very complex. 80% of the system is located in or around the intestines. All material outside our body that can be threatening is examined by the immune system and if dangerous, be destroyed. The biological processes in the body are also examined by this complex system. To be able to do this work it must be provided with the essential vitamins and minerals. The immune system can be weakened by a wrong life style, continuous stress, alcohol, wrong eating habits, etc.

The immune system stems from the thymus, spleen, intestines, lymph and lymphatic tissue. These two programs can be used to strengthen the immune system.

Mind that you must change your life style as well, otherwise you get into a vicious circle. Make sure that you supply the body with the necessary building blocks and ample night rest.

Programs 40 and 41 can also be combined with other programs, 35 – 37, 41 – 43 and 45 – 48.

Place the Beat Light for program 40 + 51 on the breast bone or on the spleen



Program 42 *Severe infection*

Program 43 *Decrease light infection*

A severe infection means that some micro organism, a virus, bacteria parasite or any other living thing has penetrated and has multiplied there (not necessarily harmful). If the organism injures his guest such that it disrupts his normal functioning, it is called it an illness. In the most severe case the infection leads to the death of the infected person. The micro organism causing the infection is called a pathogen.

If the pathogens have not yet multiplied or the immune system has recognized and removed them, it is called a contamination. An infection often leads to an inflammation.

If the pathogens spread in the body then the immune system will produce antibodies (IG A – IG E – IG M). Based on the antibodies it can be determined which pathogen is present.

Contamination can occur by direct or indirect contact: sneezing – coughing – sexual contact – whirling dust – contaminated food – contaminated water – dirty toilets etc. In case of an emerging infection, for example influenza, start with **program 43** in combination with **program 40**. If the infection gets worse, then switch to **program 42** in combination with **program 51**.

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by Hans Stormer



Program 44 *Decrease allergic reactions*

Program 50 *Decrease specific allergic reactions*

Allergy is a response of the immune system to allergens, material unknown by the body. Allergens often enter the body through the skin or the respiratory system. The intruders may not always be harmful by itself, such as pollen, skin flakes, dust mite excrement and mould spores.

Allergens often enter the body through the skin or through the respiratory system and the immune system tries to render the allergens harmless with a sometimes overdone allergic reaction.

The complaints (running nose, watery eyes, itching, suffocation, diarrhoea) are not from the allergens but from the reaction by the immune system. Hay fever is a well known example.

Histamine is the hormone which is produced in large quantities during an allergic reaction. Two groups of materials provoke allergies, firstly all dairy products and secondly gluten. Dairy material is deeply hidden and cannot be measured by conventional blood or allergy tests.

With these programs you can decrease an oncoming allergy. An acute allergy can be treated effectively with a high dose of vitamin C and a calcium preparation (Urticalcin of Dr. Vogel). Avoid dairy products immediately.

Always combine these programs with **program 32 (Kidneys)**.



Program 46 *Long lasting bacterial infections*

Program 47 *Moderate bacterial infections*

Program 48 *Heavy bacterial infections*

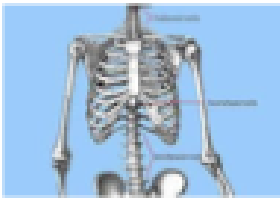
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Bacteriostáse means preventing the growth or multiplying of bacteria. This is accomplished by reducing the growth or inhibiting the protein synthesis. This is the basis of the therapeutic effect of chemo and antibiotics.

These programs can be used for the Lyme disease and for many viral and bacterial diseases. Select the program according to the severity of the infection. For the Lyme disease choose **program 48**.

These programs can be combined with other **programs such as 45 – 30 – 32**.



Program 52 **Bone regeneration**

This program has the potential to restore cartilage and bone. This has been observed with broken bones and even with complex breaks. It shortens the healing time. The result is amazing.

Nowadays much glucosamine, msm and chondroitin is used to prevent degeneration and to improve bone- and cartilaginous tissue. Combining this with the Beat Light makes the treatment many times more effective.

Combine this program with **program 32 Kidneys and program 17 Regeneration**.

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by Hans Stormer



Program 49 *Stimulate entire vitalization*

Entire vitalization means an abundance of energy. It is the optimal state of “being”. Body and soul are in balance. The biggest threat for loosing the vitality is “stress”. There are many causes for stress. The first symptom of loosing vitalization is usually fatigue.

A different cause of loosing vitality is harmful radiation (Wi-Fi – radiation tower – deck telephones – mobile phones etc.). The harmful radiation weakens the healthy earth’s magnetic field in the immediate environment. All living things are subject to the blessing of the earth’s magnetic field. We all will pay the price for the harmful radiation. MRI and PET scans, radiation for cancer treatment and air travelling, all leave behind negative radiation in the body. It is not surprising that more and more diseases emerge for which we have no cure.

With **program 49** we can rapidly remove negative radiation from the body. Russian scientists have observed that after a 20 min. treatment with the Beat Light the amount of negative radiation left in the body was diminished by 75% to 80%.

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Program 53 Physical strain

Physical strain means hard physical work. If you are not accustomed to daily physical work and some day you have to do heavy work, then the body will protest immediately. You can suddenly get back pain or your muscles lose their strength. This is because the body is quickly acidified. You can be seized with cramp or pain. If you get up after some rest, all muscles feel stiff. After some exercise it will diminish, but it does not disappear completely. It may take several days before the stiffness or pain disappears.

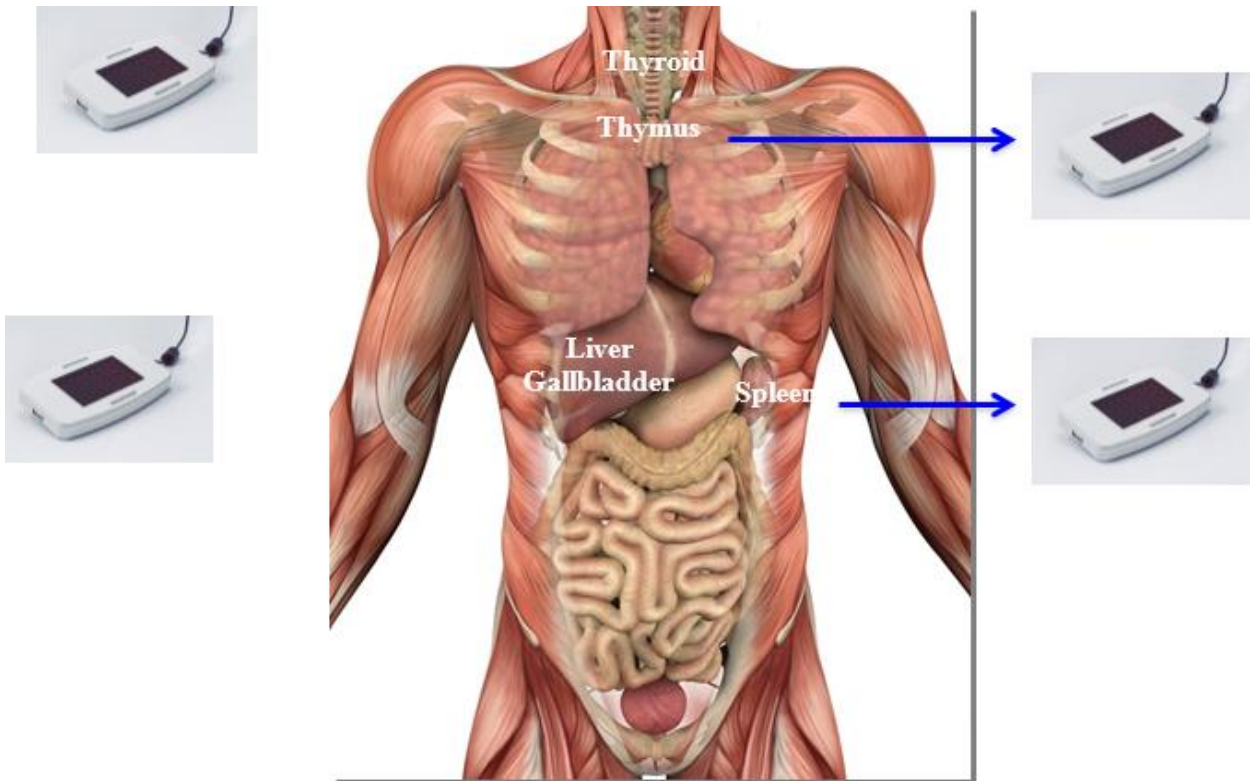
This program makes that the body can neutralize more rapidly and the muscles and cartilage get supplied. You can combine this **program with program 32 – 1 and 31.**

(onduidelijke volgorde, moet dat zo?) If you take Traumeel tablets (Co. Heel), the complaint will diminish even quicker. Radiation with the Beat Light should always be done on the bare skin.

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Radiation with the Beat Light should always be done on the bare skin.



Kidney and adrenal gland. These are deep in the body.

The left Kidney is behind the pancreas and the stomach.

The right Kidney is partly behind the liver.

Treatment trough the back.



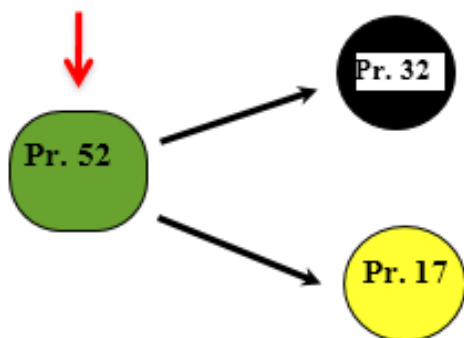
Pancreas is under the stomach

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Examples of treatment

Main program



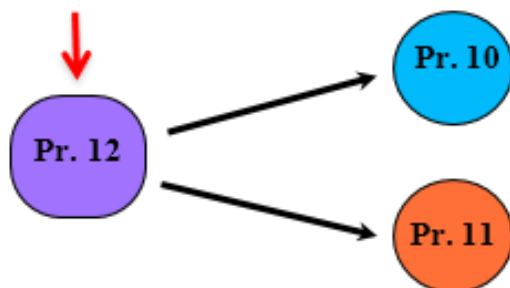
One day:

morning Pr. 52 afternoon or evening Pr. 32

Next day:

morning Pr. 52 afternoon or evening Pr. 17

Main program



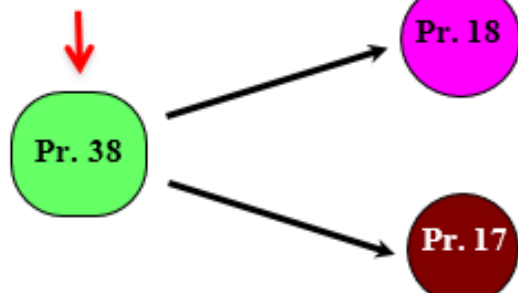
One day:

morning Pr. 12 afternoon or evening Pr. 10

Next day:

morning Pr. 12 afternoon or evening Pr. 11

Main program



One day:

morning Pr. 38 afternoon or evening Pr. 18

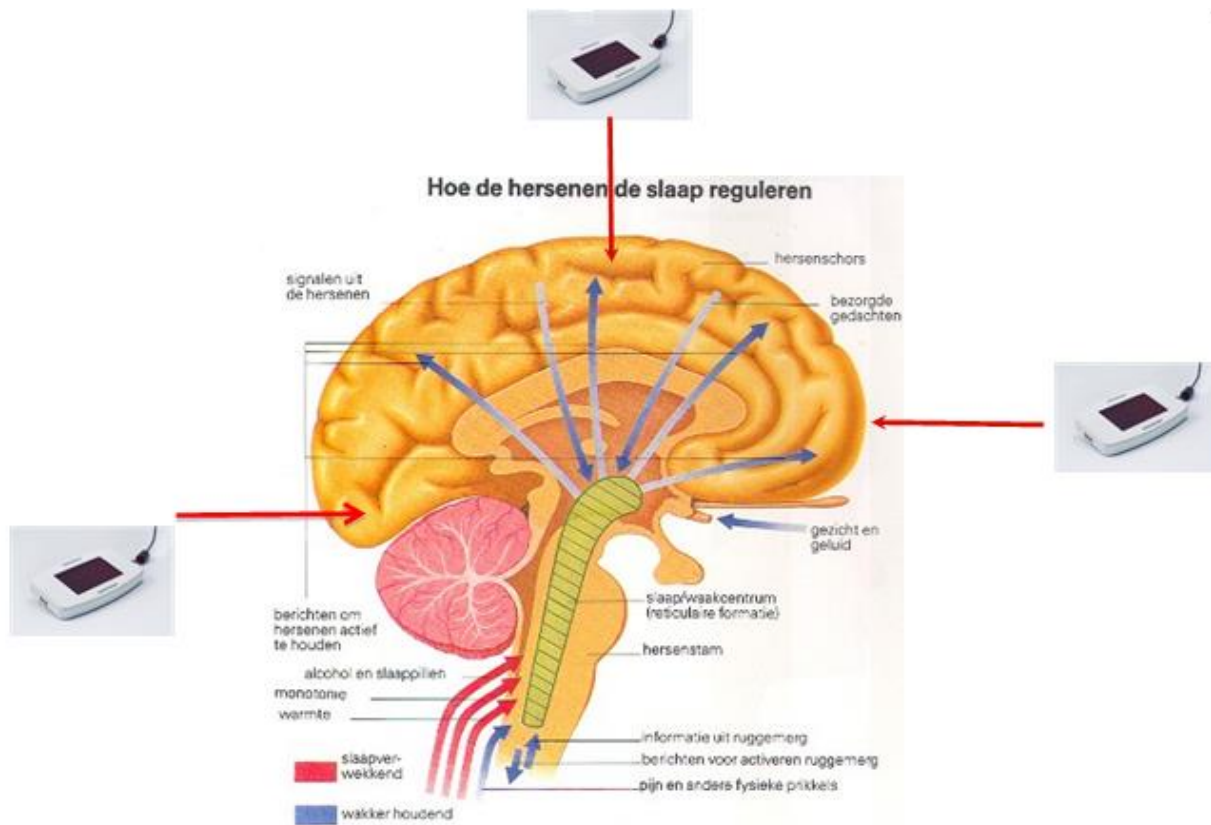
One day:

morning Pr. 38 afternoon or evening Pr. 17

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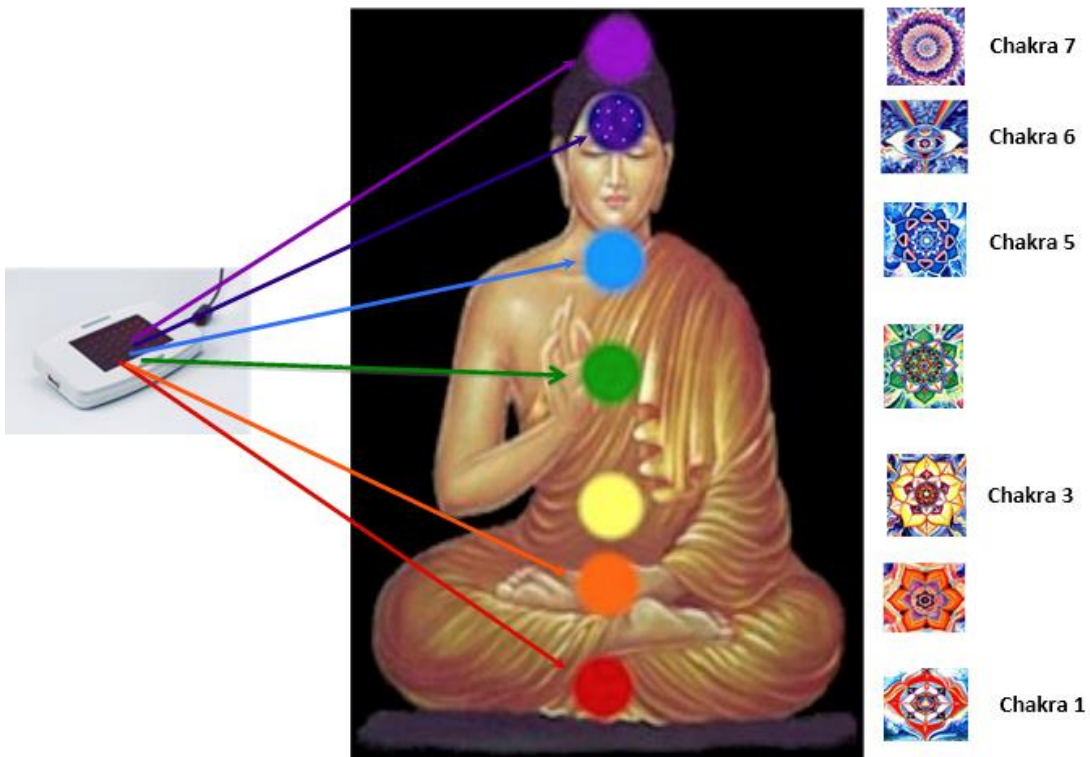
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This has to be done four times in succession, then let the body rest one day. Depending on the improvement of the complaint the treatment should be intensive to begin with but can be decreased as the complaints diminish.



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With program 49 Entire Vitalization you can radiate a blocked or weakened Chakra for 20 min.
Combine this with a meditation

Treatment of Chakra 3 with program 49



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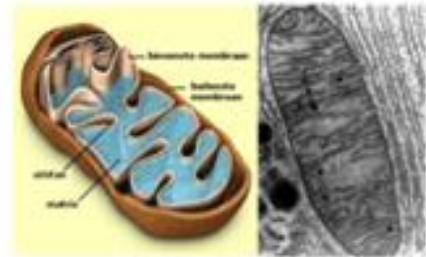


Red Light opens the Cell Wall

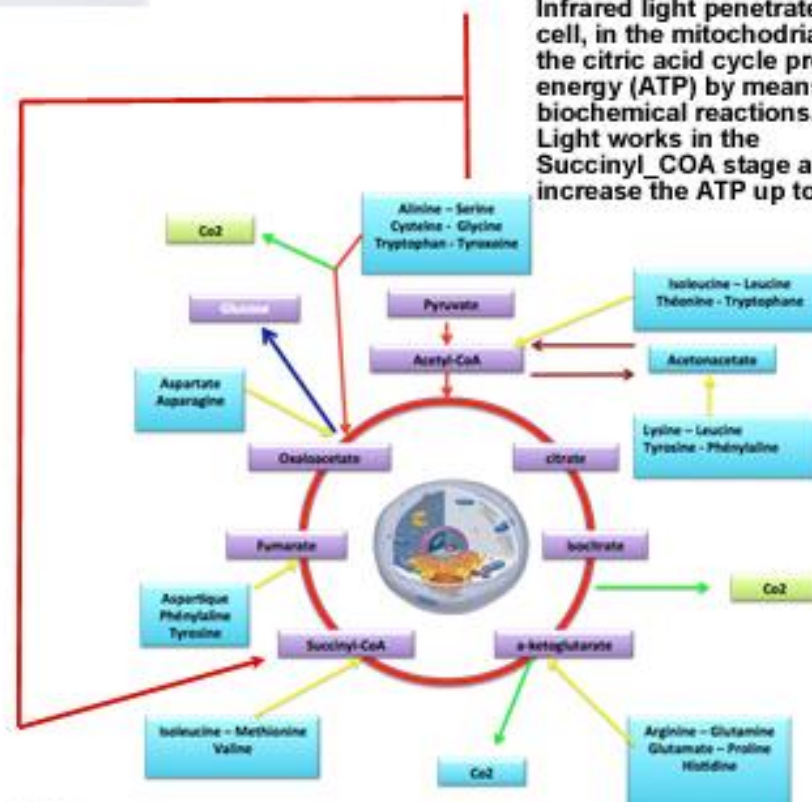


Red light 645 nm

Infrared light 850 nm



Infrared light penetrates into the cell, in the mitochondria, where the citric acid cycle produces energy (ATP) by means of biochemical reactions. Beat Light works in the Succinyl_COA stage and it increase the ATP up to 400 times



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Exampes of the treatment with Beat Lights



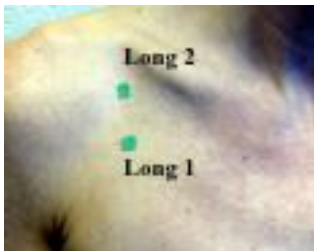
Acupuncture point Cycle 5-6-7 affects the pulls and heart frequency. Soothes the heart and the mind.

All heart troubles.

Epileptic attacks (eases cramps),

stomach ache, vomiting and nausea.

Psychic and psychosomatic disorders.



Acupuncture point Lung 1 and 2 can be treated.

Relaxes the lungs, improves the breathing, therefore more oxygen.

Moreover it treats all diseases of the lungs and the respiratory system.

Eases dyspnea and abates coughing.

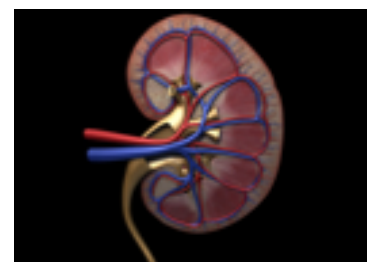


Since the stomach and the large intestine meridian runs through the neck to the face, it influences the action of the thyroid gland.

Placing the Beat Light on this area stimulates or stabilizes the cell metabolism.



If you irradiate the kidney relfex area with the Beat Light then you treat also the adrenal and at the same time the acupunkture points Bladder 49 – 50 – 51. These points harmonize the stomach and the spleen. You can also treat acute and chronic gastroenteritis. It cures oedema. If you treat the kidneys it is important to drink much water, preferably mineral water.

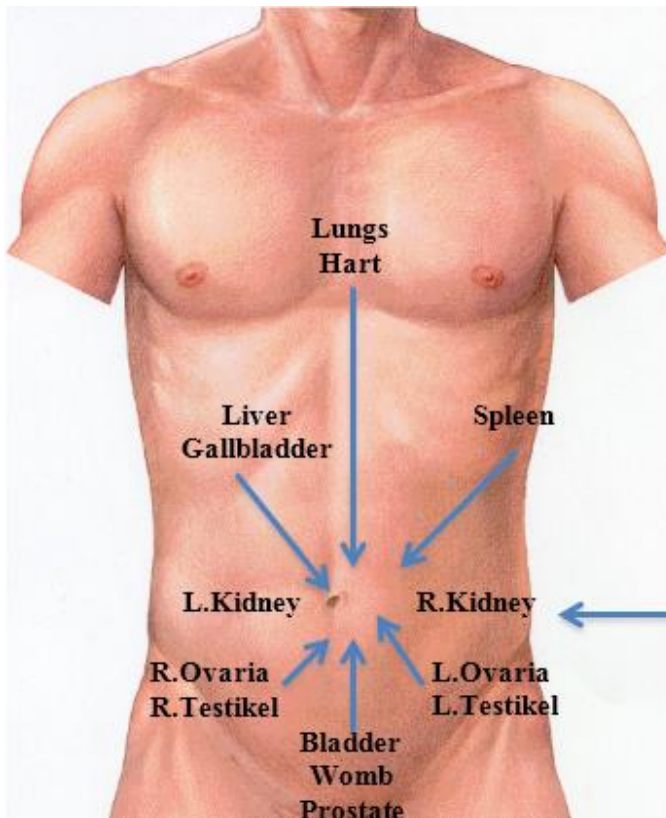


In spite of the fact that in adults the thymus is crumpled, the basic tissue is still there and the immune system can be influenced throught the thymus. Trough the thymus runs an important conception vessel with important acupunkture pioonts CV 20 – 21 – 20 – 19. They influence the lymphathic system around the lungs – heart and bronchi and have a positive effect on disease of these organs.



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If you need radiation against breast cancer, then you can treat yourself two days after the radiation with the Beat Light using program 49. Then the after-effects from the aggressive radiation are treated. If you also have some skin irritation or minor burns from the radiation treatment, you can also use program 38.



- The Beat Light can be used with unlimited creativity.
- Patience is needed as light works differently from other techniques.
- If the body is heavily contaminated detoxification may occur, with slime production or a feeling like having the flu.
- The Beat Light has no negative effects on the body.
- Do not use all programs haphazardly as the body will not know how to react. The body works with certain directives.
- If you have a complaint, treat four days and then one day rest.
- Drink plenty of water and follow a well balanced diet.
- The Beat Light does not take the place of your family doctor. Consult your doctor anyway.
- The Beat Light can help you to preserve your health.